

The

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Salisbury
UNIVERSITY

A Publication For The Students, By The Students

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Sarah Frantz



Tracy Shortt



Tracy Shortt

WELCOME BACK!

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Letter from the Editor

By Cheryl Killman

Welcome back, SU! It's that wonderful time of year again when you spend hundreds of dollars on books (some that you never open), stay up all night studying for an exam (then end up late, because you couldn't find a parking spot). Some things never change though.

However, there have been a few changes since the spring semester.

Fight the Freshman Fifteen

By Meagan Schlicht

So your parents finally left and many of you incoming freshmen are all thinking the same thing, FREEDOM! Although this may be clichéd, with this new found freedom comes great responsibility. The responsibility I'm speaking of is to not eat and drink yourselves into the abyss known as the "freshmen 15", or 20, depending on how much Natty Light and Easy Mac you can consume.

Most people think the freshman 15 is unavoidable; it's just something that happens when you drink too much high-calorie beer. Many things do contribute to that butt and gut weight you bring home after the first year.

With drinking comes beer munchies, something we're all guilty of, but it's this sense of being on your own that drives you to eat full meals at two or three in the morning. Pizza, Subs, Chinese food, they are all an easy phone call away; not to mention the stash your parents collected for you when they left; Ramen, candy, Easy Mac, and fresh baked cookies.

If you're going to eat after 10pm, try eating healthier snacks: light popcorn, a granola bar, or a fruit cup. These are all items that can be stored and prepared in a

Namely, the huge science building, as well as the new meal plans. However, *The Flyer* has not changed. We will still be printing a weekly publication of the paper, for the students, by the students. *The Flyer* is basic upon student reaction and concerns that deal with college life and Salisbury University. All students are invited to participate in this process. We can't wait to hear from you. Have a wonderful semester.

traditional dorm room.

Another big hurdle in your freshmen eating habits is the Commons. Mom's not bugging you to choose from the four food groups, so most freshman go straight for the french fries, cheeseburgers, pizza, and all-you-can-eat ice cream.

The Commons does offer healthier options, the Rotisserie offers many home cooked meals, there is also the salad bar, the sandwich counter, a vegetable section located next to the sandwiches, and once in a while there is stir-fry at the Wok N' Roll.

The key to not gaining those dreaded 15 pounds is staying active. Many freshmen have the tendency to take numerous naps throughout the day, particularly after they eat. Putting on extra weight will be a lot more difficult if you participate in the various intramural and club sports that Salisbury has to offer. You can also pick up a schedule for the fitness room and aerobic classes in Maggs gym.

Looking back on my freshmen year, and my 15 pounds, I learned from my mistakes, and want to dispense this knowledge onto the incoming class of 2006. Don't become a statistic....switch to light products.



Unhealthy meals like this one add to the Constance Mensh freshman fifteen.

Letters To The Editor

If you have any comments, questions or concerns:
Send them to campus
P.O. Box 3183

Or

E-mail us at
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SU President Dr. Janet Dudley-Eshbach plans for the future

Future cost may lead to a tuition increase

By Tracy Shortt

Salisbury University is now feeling the pinch of budget cutbacks from the University System of Maryland. "The budget is a very serious concern. 2003 will be difficult and I think 2004 will as well," said President Janet Dudley-Eshbach.

The 2002 fall semester has started off with a standard four percent increase in tuition across the USM. 2003's fiscal year is already off to a bumpy start due to the \$350,000 state budget cutback. To ease the expected loss in 2003, the president does not foresee another tuition increase until fall of 2003.

Many costs such as heating and the internet that the university cannot control has led them to tack on extra fees, such as a technology fee, to students already increasing tuition. "We have many costs we can't control and the money we need is not coming in from state appropriations," added Dudley-Eshbach.

Many private fundraising efforts have been made but the recent economic downturn is not helping the situation. "It's diffi-

cult to ask people for money when they've lost money in the stock market, and I don't see an economic boom in the future," said Dudley-Eshbach.

The chancellor has many encouraging thoughts on the college tuition policy. When students are admitted into USM campuses in the future, there may be certain guarantees on tuition costs and increases over the next four years. "The chancellor's ideas are encouraging and it allows for families to plan for the next four years," commented Dudley-Eshbach.

While the new tuition policy is still up for debate, it remains a fact that SU receives the lowest state appropriations of all campus universities. Due to low state funding, SU is taking tuition dollars that could be used toward financial aid and scholarships, and using them to pay salaries. "We have to cover university cost, and at present we don't have enough aid available," said

Dudley-Eshbach.

To help cut back on university costs the president has issued a hiring freeze that started in spring 2002. "Yes, there is a hiring freeze, but we are a teaching institution. I want to keep class sizes small, so all teaching faculty is exempt," stressed Dudley-Eshbach.

Even with all the budget concerns the president remains optimistic and hopes that students will as well. "There is no other place I would rather be," said Dudley-Eshbach.



President Janet Dudley-Eshbach <http://www.salisbury.edu>

Board of Regents Gives Approval for Added Housing

By Lauren Bass

President Dudley-Eshbach gained approval from the Board of Regents to add 250 beds in an off-campus partnership. This private, public joint venture plans to accommodate students by fall of 2004.

The University is also exploring housing in the downtown Salisbury area. This proposal would provide students with more housing choices as well as employment opportunities that would stem from such a project. According to Dudley-Eshbach, this revitalization project would attract coffee shops, an art gallery, and other such businesses that would enhance the downtown area.

"I think our students are very well behaved, very good students," said Dudley-Eshbach. "I think that if people in the city had more opportunity to interact on a regular basis with students, and not just complain about a little loud music on a Saturday

night, I think it could improve relationships between the city and the University."

According to Dudley-Eshbach, the area near the Holly Center is also under consideration for more development. The new plan demonstrates the aggressiveness to add beds to accommodate university students.

Along with the housing shortage, SU must now deal with a housing moratorium. Dudley-Eshbach stated that there is currently a suspension on the conversion of single-family homes to rental properties. Other possible future legislation includes changing the number of unrelated people allowed to live in a house together. According to the Process Action Team, this citywide change would transform the definition of family.

"I am very optimistic that we will have housing of a lot of different options available in the near future," said Dudley-Eshbach. "These private corporations can come in and within a year you can have additional housing."

The housing expansion helps ensure on-campus accommodations for more students. According to Dudley-Eshbach, even with the shortage of on-campus beds, freshmen who accept in a timely manner are guaranteed on-campus housing.

Henson Hall towers over Salisbury University

By Adam Lehman

Governor Parris Glendening and other University of Maryland (USM) officials will be present at the official ribbon cutting ceremony for Henson Hall on Thursday, September 5.

The official opening begins a new chapter for Salisbury University, and ends ten years of planning and two years of construction for the newest academic building on campus.

With 145,500 sq. ft. the building will have more than enough space to house various science departments, including biology, chemistry, physics, engineering, computer science, and geosciences.

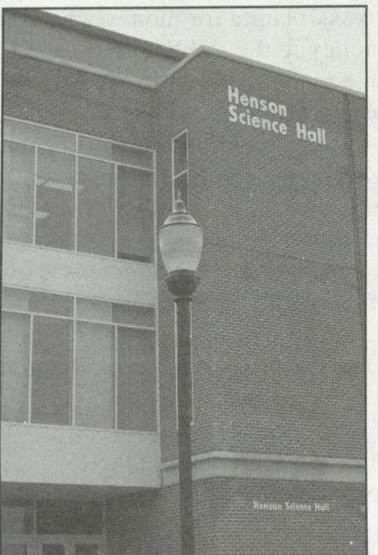
Dr. Judith Stribling, Coordinator of the Dual Degree Program here at the university, moved into her new office last month. Stribling is optimistic the new, high-tech facilities will boost enrollment in the science departments.

The \$37 million facility contains 32 teaching labs, 22 research labs, and 12 classrooms.

There is also a new satellite dining facility, appropriately called Henson Court, where students can grab something to eat or drink in between classes.

Another amenity in the new building is the second floor lecture hall. The room contains over

130 swivel chairs, two video projectors, and three headsets for those students who are hearing impaired.



The Henson Science Sarah Frantz Hall

ing of its national reputation for academic excellence," said USM Chancellor William Kirwan, who will be present at Thursday's ribbon cutting.

Stribling, who now has a second floor office overlooking the Magg's Gym parking lot, recalls the days when her office was located in the trailers behind Devilbiss. "I went back to my old office in the trailer and I couldn't believe how dingy it was," she said.

Members of the university have expressed some negative viewpoints regarding Henson Hall, and most of the comments' center around the yellow and red color scheme inside the building. Regardless of the color scheme, Henson Hall is a benchmark for the future of SU.

The next large construction project is still in planning. "Over the next ten years I would like to see new education center and a new building for the Perdue School of Business added to the university," said SU President, Dr. Janet Dudley-Eshbach.

"The Henson building is another indicator that Salisbury is an innovator, and well deserved

Fall Convocation Ceremony

Submitted by SU Director of Media Relations, Richard Culver

Salisbury University celebrates the opening of its 77th year with its annual ceremonial kickoff to the fall semester, the Fall Convocation, on Tuesday, September 10, at 3:30 p.m. in Holloway Hall Auditorium.

The keynote speaker is Dr. Mark Holland, professor of biology in SU's Richard A. Henson School of Science and Technology, whose talk is titled, "The Last Man Who Knew Everything." Holland will discuss the difference between getting an education and accumulating factual knowledge.

Recipients of many University scholarships are recognized at Fall Convocation. This year two are highlighted—the SU Alumni Scholarship and the Alumni Association International (affiliated with the University System of Maryland) Scholarship.

In addition, the SU Alumni Association presents its Faculty Appreciation Awards honoring outstanding educators from each school.

Amy Lynn Dryden is the Alumni Scholarship recipient. The scholarship requires students to have both a minimum 3.5

GPA and a 1200 score on the SAT. Dryden is a graduate of Parkside High School. Her mother, Linda Dryden, is an SU graduate (Class of 1996). The four-year renewable scholarship is valued at \$8,000. Dryden also won a Seidel Education Scholarship, valued at \$4,000 over four years.

James Norman Richardson is the recipient of the Alumni Association International Scholarship, which goes to a Maryland resident who has outstanding academic credentials and has been actively involved in his/her high school and community. He graduated in the top five percent of his Snow Hill High School class. The scholarship is valued at \$2,559 annually.

The Faculty Appreciation Award-winners are revealed at the Convocation. Criteria include at least 10 years of full-time teaching and having made a significant impact on the lives of students who, in turn, go on to contribute to their communities.

The selection process includes nominations by graduates and final choice by a committee of alumni and faculty.

The public is invited to attend; there is no charge. For more information, please call the SU Public Relations Office at 410-543-6030 or visit the SU Web site at www.salisbury.edu.

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Features

SGA Gears Up for the Fall Semester

By Sonia Thompson and Abby Finestine

A new school year means it is time to throw out the beach towels and crack open those brand new textbooks, but the entire fall semester does not have to be spent studying for exams.

SU's Student Government Association's (SGA) new slogan for this upcoming year is "Getting Involved," and becoming a member of SGA is one way to be active in the campus community.

Currently the SGA consists of 40 senators and eight executive board members.

"Senators have a lot of impact and keep the board and students working together," said Jason McGraw, a junior and SGA treasurer.

Becoming a senator is the first step in getting involved. Any student can become a senator so long as they meet the requirement of filling out an application and receiving 25 signatures from fellow students.

Once a senator for at least two semesters, a person is on their way to qualifying for an executive board position. Elections are held at the end of November and votes are now done by email.

Heather Holmes, advisor of SGA feels that having a student government at Salisbury is very important. "SGA gives students an equal voice with faculty senate and staff senate," she says. "It's a genuine attempt

to allow students to get involved."

The SGA sponsors forums where new clubs present their proposals and each executive board member presents the affairs that they have done within the past two weeks. Upcoming events are also discussed at these meetings.

"We hold open forums every other Sunday, which is a good way for the whole student body to voice any problems, concerns or opinions that they may have," said Travis Dettman, Speaker of the Senate.

SGA also sponsors many events throughout the year. Earth Day, The Renter's Fair, Homecoming and a Delegation Dinner are all such events.

The main theme throughout Salisbury University's SGA this year is to get students involved. When asked about the need for students to become active in the SGA, Holmes responded, "I always think there should be more students."

The first forum meeting of this school year is held Sunday, September 8 at 7 p.m. in the Guerrieri Center, Room 206.



The SGA Executive Board

<http://www.salisbury.edu>

Lead Singer of Dispatch to Visit SU

By Pam Correa

Pete Francis, of the New England based band Dispatch, will be including Salisbury University in his travels promoting his first solo album, "So They Say." A mixture of jazz, rock and reggae, he has been compared to artists such as Bruce Springsteen, Cat Stevens and a like by magazines such as *The New York Times* and *Time Out New York*.

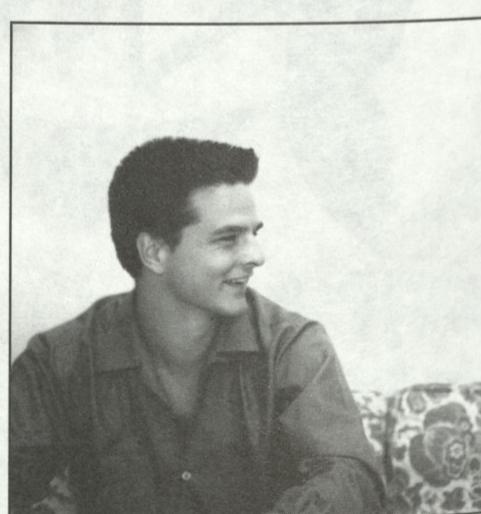
Wanting a gritty, bare-bones type of record, the music was recorded on analog equipment with old tube microphones, giving it a vintage feel not usually found in new music. To preserve a sense of spontaneity, the songs were usually recorded in one take, also lending to the uniqueness of the album.

But while the style of music is catchy enough, the lyrics take it up another notch. Francis studied in Ireland's University College Galway for six months, where he found inspiration for several songs on his new album.

Between the environment there, and the experience's he's had, his lyrics have a deeper meaning than what appears on the surface, as was Francis' intention.

"I love songs that aren't literal. For instance, I never liked when a teacher would say of a certain poem, 'This is what it's about.' I really want to bring my own thoughts to it."

So bring your own thoughts to it at Red Square on September 7.



Solo artist, Pete <http://www.bighassle.com>
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02-0003

Welcome Week Returns

By Sarah Frantz

Students will come together from September 1 to 7 to continue the annual event of Welcome Week. The seven-day celebration introduces new incoming students to the SU community.

The Office of Student Activities, Organizations and Leadership put together a week full of programs called "We'll Knock Your Socks Off," attempting to ease the transition from summertime into an academic school year. For 2002, all students are being invited to attend, instead of limiting the events to new students. Students have mixed feelings about the inclusion of all students into welcome week.

SU senior Jamie Emmell said, "I remember my freshman Welcome Week. I

think that if everyone had been invited, it would have been kind of intimidating."

However, many students are optimistic, like senior Susie Bean. "I think it is a great way for freshmen to meet upperclassmen. That is who I eventually hung out with anyway."

Following tradition, the week kicked off with a Survival of Arrival in the Quad. However, things were livened up throughout the week with barbecue, opening ceremonies, and a sign judging contest for all residence halls.

Day five will bring the ribbon-cutting ceremony for the Henson Science Hall. The large new building will make room for all of the new students enrolling at SU. In addition, the annual Student Activities Fair

will take place from 10 a.m. to 3 p.m. This event is mandatory for new students, but it is open to upperclassmen as well. Many organizations and clubs will be present to provide information and welcome new members. The night will end with a performance by comedian Vic Henley in the Wicomico Room from 8 to 9 p.m.

Day six will provide a mandatory speaking event, "Beware of the Binge" with Bernie McGrenahan, from 5-6:30 p.m. in the Holloway Hall Auditorium. The speech will address the common concern of alcohol consumption on college campuses.

The last day will bring a "Rock Your Socks Off" outdoor concert. Bands to be announced on September 4 will play in the Red Square from 3-7 p.m.



Opening ceremonies at Welcome Week

Tracy Shortt

A SOAP-y Semester on the Horizon

By Sarah Frantz

The Student Organization for Activity Planning (SOAP) has been busy planning an exciting semester for students. Leading the prestigious crew at SOAP is the new president, Meghan Teal. This year SOAP has a new board of organizers that hopes to build strong committees to strengthen the student voice in the activities brought to campus.

"We have an amazing board that has just the most enthusiastic people," Teal said. "They are really here to get input from the student body."

People can expect big events and new ideas this semester. On September 8, comedian Vic Henley will make an appearance in the Wicomico Room at 8 p.m.

Henley has written his own book called "Things You Don't Expect Southerners to Say."

On September 18, technical guitarist Michael Gulezian will open for Jill Sobule. The concert will take place in the Wicomico Room at 7 p.m. Sobule is known for her hit songs "I Kissed a Girl" and "Supermodel."

Students will be pleased to see the return of the weekly on-campus movies. As an added bonus this semester, SOAP will feature a "Blast From the Past" series beginning September 6 by showing "The Goonies." The following weekend will bring new blockbusters as usual, such as "Spiderman," starring Tobey Maguire.

SOAP has one of the largest organiza-

tions budgets on campus. While some people do not see the need for a big budget, once it is broken down, there is not much money to spare.

"People don't realize how much these things cost. Movies can be \$800 or \$900, and that's every week," said Teal.

There are also a lot of additional charges that go along with bringing large-scale events to Salisbury. SOAP uses almost every bit of their budget. They also do a lot of work to provide trips for students at minimum costs.

Being members of the National Association of Campus Activities has provided

SOAP, continued on page 9

SOAP, continued from page 8

SU with a chance to network with other programmers and to bring the college circuit and entertainers together. Without the hard work of the staff of SOAP, all of these events would not be possible.

SOAP will hold an open meeting on Thursday, September 12 at 7 p.m. in the Scarborough Leadership Center. The entire student body is invited to attend and learn what the organization is all about, what the upcoming events are, and how to get involved. Teal encourages anyone interested in volunteering for SOAP to stop by any upcoming event, or even the office, located on the first floor of the Guerrieri University Center.

"Our door is literally always open," Teal said.



Starting from the left: President Meghan Teal, Promotions Director Sarah Betkey, Concert Chair Rebecca Scott, Comedy Chair Ashley Daniels

Tracy Shortt

Freshmen Get All the Fun:

Five New Freshmen Seminars Add to the New Student Experience

By Becki Lee

Snowboarding down the Valle Nevado... Exploring the Chesapeake Bay in a sailboat... Camping out on the beaches of Assateague... One can hardly believe that these thrilling excursions are actually three new options for a school requirement!

As a rule, all incoming freshmen and transfer students with 24 credits or less must enroll in a New Student Seminar for their first semester at Salisbury University. These New Student Seminars prepare students for a productive college experience by helping them meet other new students, adjust to the campus and its services and organizations, and develop skills to gain the most benefits from their classes.

Incoming freshmen had eighteen different seminars to pick from this year. Five of these options were brand-new, including two international seminars, two outdoor seminars, and one on-campus seminar.

The new international seminars that were offered this year included "Adventure in the Andes" and "Explore Chile." During the seminar in Chile, new students would have been able to snowboard and ski in the Valle Nevado, a famous snowboarding park that was named the Latin American site for the FIS Snowboard World Cup. In between periods of hitting the slopes, students would explore Santiago, the capital of Chile, and examine the different lifestyle in South America. "We wanted to introduce the students to different cultures, get them to think outside the box, and have fun while they were doing it," said International Student Advisor Agata Liszkowska, who was one of the directors of the "Explore Chile" seminar.

"Adventure in the Andes" would have allowed students to explore the greatly varying

landscape of Ecuador. Daily hikes would reveal waterfalls, thermal baths, snow-capped volcanoes and hidden valleys. This seminar would also help to relate the experience of going abroad to actual college courses, as part of the orientation would take place at a sister school where an intercession program with Spanish has been offered for several years. "Algonquin is a very valuable experience, but we take students out of their own culture and put them into another...they would come away with seeing what a third world country is like, and seeing how Americans are viewed in the rest of the world," said Dr. Gerald St. Martin, assistant director of the "Adventure in the Andes" seminar.

Unfortunately, all of the international new student seminars were cancelled because the minimum amount of freshmen had not signed up. There has been speculation as to the reason for this. Some people say it was related to fear of flying after the events of 9/11. Many people say that it was because of the increased cost of the seminars. However, most people agree that it had much to do with the late notice of the advertising and the early international flight deadlines.

"The problem was that the international flight deadlines for tickets fall several months in advance, and we had to know by June if we had enough students...although the advertisements didn't even get to the students until May," said Dr. Brian Stiegler, director of the "Adventure in the Andes" seminar. "We will be meeting with the New Student Experience office in order to get the international seminar information in the hands of students earlier," Dr. Stiegler clarified.

The respective directors of each of the international seminars have confirmed that these international seminars will be offered again in the future, as the student body of Salisbury Uni-

versity as a whole has little experience studying abroad. "The University would like to increase the number of undergraduates who have an international experience... Historically, SU students don't go abroad as much as students at other universities do. Part of the idea was to send a clear message to incoming freshmen about the experience of undergraduates, to give a small taste of [an experience studying abroad] before going abroad later on," said Dr. Stiegler. He hinted that in the future upperclassmen and faculty could be encouraged to join the international new student seminars, in order to gain this valuable experience studying abroad.

For those students who prefer to remain in the United States, Salisbury University now offers two new outdoor seminars for the 2002-2003 school year, the "Chesapeake SAIL (Students Aboard Interacting and Learning)" and "Nanticoke SAIL" seminars. "Chesapeake SAIL" has actually been offered in the past but it was not offered last year, so it is new for this year. This seminar allows students to spend several days aboard a yacht, learning the ins and outs of sailing while exploring the beauty of the Chesapeake Bay. While aboard the boat, students will participate in all the typical orientation sessions and will help in all aspects of sailing the yacht. "Nanticoke SAIL" is a similar seminar where students learn the basics of boat handling while aboard dinghies in the Nanticoke River. Over a period of two days students will develop basic sailing skills, make lasting friendships with peers, and learn about Salisbury University as well as themselves.

SEMINARS, cont. on page 10

SEMINARS, cont. from page 9

Captain Jill Stephenson, one of the directors of both "Chesapeake SAIL" and "Nanticoke SAIL", stated that at the beginning of these seminars most of the students "have little or no knowledge [of sailing] – but by the end of the program they are the ones sailing the boats." Students who have no prior experience with boats but have a willingness to learn are encouraged to try these programs.

For those who prefer adventures of the mind to adventures in the outdoors, the final new seminar for incoming students is "Defining Excellence: An Introduction to the Bellavance Honors Program." This on-campus program is

intended for incoming Honors students, and while these Honors students are not required to take this seminar, they are highly encouraged to do so. Students will be discussing Richard Light's *Making the Most of College* and learning how to become active participants in their education. Presentations and a debate will allow students to discover how to make the most of the campus's offerings. The activities will be capped off with a camping trip to Assateague, where students will enjoy the outdoors while building a strong foundation for their future years in college. "Basically students will be learning about the honors program, learning about how to make the most

of college, discussing a book, going camping, and generally doing their best to start off the year well and having a great learning community as a result," explained Dr. Richard England, the director of this new student seminar.

S p o r t s

What's On Tap...

Field Hockey

September 7th @ St. Mary's 1pm

September 10th vs. Christopher Newport 4:30pm

Football

September 7th vs. Christopher Newport 1pm

Men's Soccer

September 7th vs. Greensboro 1pm

X-C

September 7th UMES Lid Lifter 10am

Volleyball

September 6th @ Gettysburg Invitational

September 7th @ Gettysburg Invitational

September 10th vs. Goucher 7pm

Women's Soccer

September 7th @ Christopher Newport 1pm

September 11th @ Stockton 6pm